



I'm just being a bit
OCD! Haha!

He'll be
fine... he's
just being a
snowflake.

I'm sure that parent
must be bipolar!

HA HA HA

HOW MISCONCEPTIONS & STIGMA ABOUT MENTAL HEALTH CONDITIONS CAN LOOK (YES - EVEN IN SCHOOLS)



Why are you taking
medication for your
mental health? It's just
pharmaceutical companies
trying to make money.
Have you tried _____
instead?

[insert 'helpful' suggestion]

Sorry you're struggling.
Have you tried thinking
more positively?

[or insert another 'helpful' suggestion]